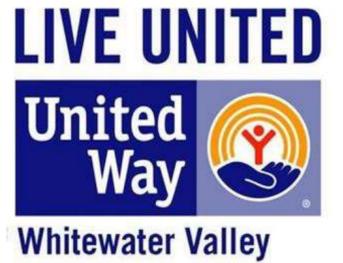




# ACCESS TO HEALTH Whitewater Valley Snapshot



## DESCRIPTION:

By investing in our partners, we ensure that individuals and families have access to healthcare, and resources to improve their health and well-being.



**\$125,080 INVESTED**

### SUCCESS STORY

"About 3 years ago, a new client started eating at our soup kitchen (Circle U Help Center) on a regular basis. He mingled well with both the clients and the staff and participated in our early-meal time when donuts and coffee are available starting at 9:00 AM on lunch days. Soon he began to make the coffee and set up the donuts prior to the arrival of our volunteer staff. He was noticed for both his cooperation and attitude by the pantry team and in time he was asked to help with putting away arriving food deliveries. He excelled at this also and was then asked to help with the lunch meal preparation. What was not known at the time was that he was an experienced cook and it showed in his work. When our primary cook, Jimmy, was dealing with an infection in his leg that put him in a wheelchair for 6 months, this client stepped up and started handling the main cooking duties at all three weekly meals. Over time, he joined our cooking staff as "Little" Eric. And now, with the passing of Jimmy Gabbard, "Little" Eric moved up to head cook."



Wayne County is ranked 7th highest in the state (of 92 counties) with food insecure children.<sup>1</sup>



Wayne County is ranked 41st (out of 92 counties) in deaths due to opioid drug overdose.<sup>1</sup>

### The 2020-2022 Reid Health Implementation Plan Identified 3 main goals:

1. Promote mental, emotional, and behavioral well-being within the communities we serve by improving mental health and reducing substance misuse.
2. Improve the health of the community by encouraging healthy choices and reducing the disparities related to activity and nutrition.
3. Improve the health of the community by preventing Adverse Childhood Experiences (ACEs) and reducing the impact of ACEs.<sup>2</sup>

**6876**

Children and adults improved their overall health by exercising regularly and accessing fresh, healthy food options through efforts to combat food insecurity



**90%**

Of people served reported reducing or avoiding risky behaviors

**5271**

People were able to access healthcare support such as: preventative care, mental health treatment and counseling, and services for people with physical disabilities



Data are representative of individuals/families served by the United Way of Whitewater Valley

1. **Indiana Youth Initiative: (2020 Databook)** [https://iyi-website.s3.amazonaws.com/data-book/2020+Data+Book+/2020\\_IYI\\_Databook\\_Web.pdf](https://iyi-website.s3.amazonaws.com/data-book/2020+Data+Book+/2020_IYI_Databook_Web.pdf) (Wayne) <https://iyi-website.s3.amazonaws.com/data-book/2020+Snapshots+/Snapshots/Wayne.pdf> (Union) <https://iyi-website.s3.amazonaws.com/data-book/2020+Snapshots+/Snapshots/Union.pdf>

2. **Reid Health Implementation Plan:** [http://www.reidcommunities.org/content/sites/reid/Implementation\\_Plan\\_FINAL.pdf](http://www.reidcommunities.org/content/sites/reid/Implementation_Plan_FINAL.pdf)